

BIKE SAFETY TIPS



- It is the law that all riders and passengers on bicycles must wear an Australian Standards approved helmet that is securely fitted and fastened on the rider's head.
- Children under 12 years and older riders accompanying them may ride bikes on the footpath unless there are signs that specifically prohibit cycling.
- On shared paths and footpaths bicycle riders should always keep to the left.
- Cyclists should travel at a speed that promotes safety for them and any pedestrians on the path.
- Cyclists should use their bell to let people know when they are approaching and be careful around young children, dogs and older pedestrians.

Do you want to let us know about other tracks and trails? If so email council at council@thehills.nsw.gov.au

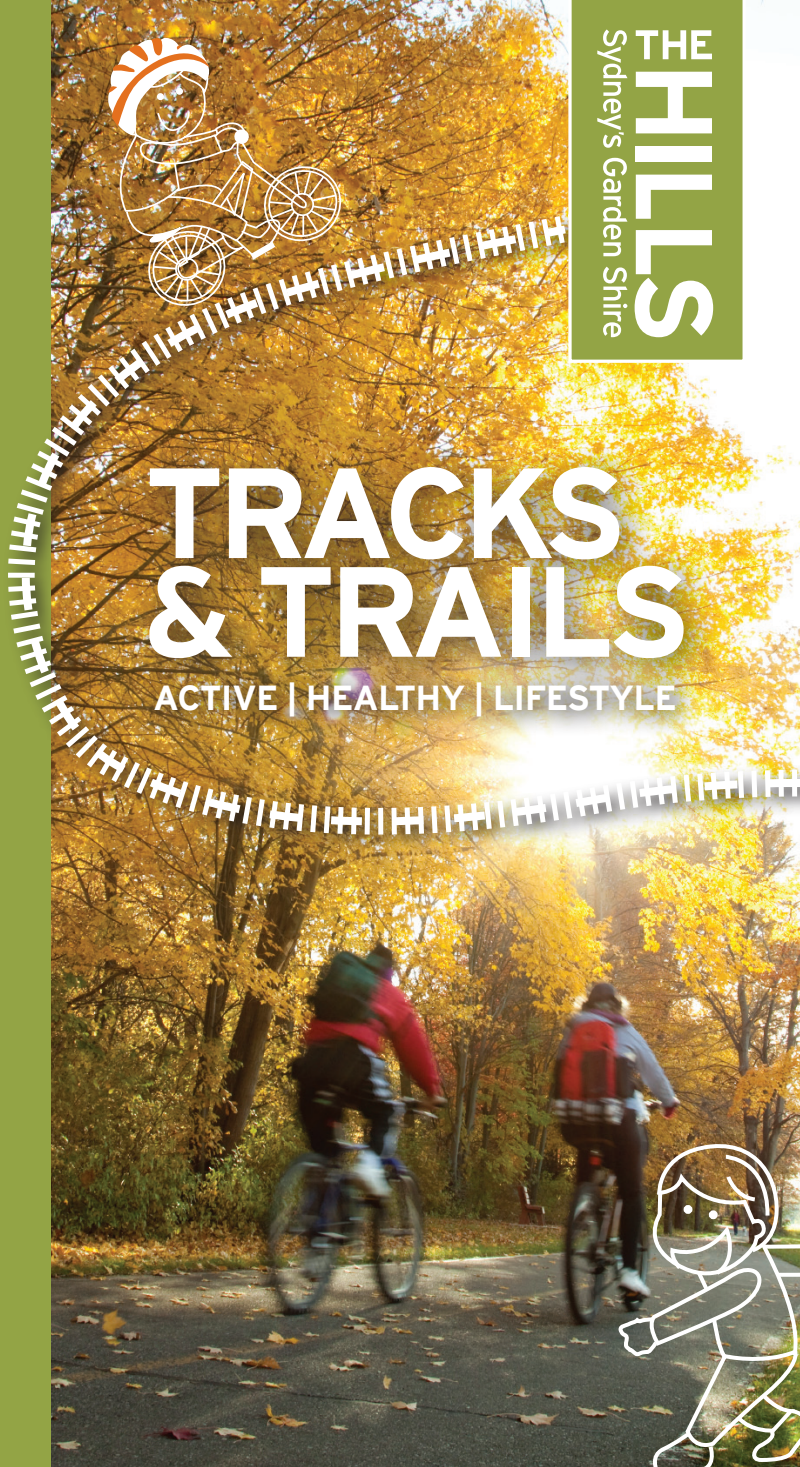
THE HILLS
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For more information visit Council's website
www.thehills.nsw.gov.au

THE
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TRACKS & TRAILS

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THE BAULKHAM HILLS WALK



The Baulkham Hills walking and cycling - tracks and trails, takes you on an adventure through the historic bushland named after the first woman in Australia to own land, Sophia Doyle.

A combination of off road and adjacent to road pathways are available for the whole family, including the family dog, to enjoy. In the middle of Crestwood Reserve there is a dedicated leash free zone for dogs.

If you are out for a challenge, you could complete the whole 9 kilometre circuit, including a dip in WAVES pool as you pass by!

Remember to wear a cycle helmet and obey all the normal traffic rules. (The map has been highlighted in yellow and green.)

(For more information on the history of Baulkham Hills go to Hills Voices Online - Heritage Sites theme) www.thehills.nsw.gov.au/hillsvoices)

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